



🕒 4am - 8pm
 ✉ connections.bistro@gmail.com
 📍 Before security



Connections is an open concept bistro delivering great food experience for breakfast, lunch, dinner or quick snacks. In the morning try one of the Java Moose Specialty Coffees with our daily baked pastries or our breakfast options. Enjoy our gourmet grilled sandwiches, salads or snacks paired with local beers, healthy smoothies or glass of wine. Eat, Drink and Fly YSI.

Java Moose

COFFEE ROASTERS



	12oz	16oz
Capuccino	4	4.5
Café Latte	4	4.5
Mochaccino	4	4.5
Irish Coffee	8.5	9
Red Eye	3	3.5
Americano	2.5	3
Premium Coffee	2	2.5
Hot Chocolate	3.5	4
Tea	1.7	2
Espresso	single 2.5	double 3
Customize your drink	+ .50	+ .80



CAPTAIN'S CHOICE

Pretzel Angus Prime Burger	6.95
Philly-Style Steak & Mushroom Sandwich	9.95
Grilled Turkey Cuban Sandwich	9.95
Multigrain BLT	4.75
Jumbo Juice Hot Dog	3.50
Grilled Chicken Salad Bowl	6.95



Bar Apps

Spinach & Artichoke Dip
Served with pita chips / 10

Smoked Salmon Bites
Baked mini pitas with cream cheese, onion, capers & dill / 10

Pita Nachos
Pico de gallo, pepper, black beans, jalapenos & cheese / 10



Add Beef or Chicken ①
Guacamole ②
Extra Salsa or Sour Cream ①

Gourmet Wraps



Reg 6.95
Large 8.95

Rise N' Shine

Eggs, romaine, tomatoes, mayonnaise & jack cheese. Choice of bacon, ham or sausage.

Healthy Veggie

Roasted red pepper hummus with choice of vegetables & feta cheese.

Mediterranean Tuna

Tuna, romaine, tomatoes, mayonnaise, red onions, black olives and feta cheese.

Chicken Souvlaki

Seasoned Chicken breast, romaine, tomatoes, pickles, tzatziki sauce & feta cheese.

Maple Curry Chicken Caesar

seasoned chicken breast, romaine, bacon chips & Parmigiano Romano.

Chicken Quesadilla

Seasoned chicken breast, salsa, tomatoes, bells pepper, red onions & cheddar jack cheese.

Donair Supreme

Donair meat, pepperoni, tomatoes, red onions, donair sauce & jack cheese.

Classic Ham & Cheese

Ham, bacon, lettuce, tomatoes, mayonnaise & cheddar jack cheese.

ALL DAY BREAKFAST



Dutch Mini Pancakes
Original proffertjes served with syrup / 4.5

Artisan Quiches
Two homemade muffin quiches.
Ask for available flavours / 4.5

Breakfast Sandwich
Choice of bacon, ham or sausage on a english muffin / 4.5

BELT Bagel
Bacon, egg, lettuce, tomatoes and mayonnaise / 6.5

Bagel & Cream Cheese / 3.5

Bread & Spread
Choice of bread with butter and jam / 1.5



Freshly made SMOOTHIES

ask for available flavours / 5.5

First Class Salads

Bistro Connect

Romaine, tomatoes, cucumber, bell peppers, red onions, black olives & feta cheese.



Reg 5.95
Large 8.95

Maple Curry Caesar

Romaine, croutons, bacon chips & Parmigiano Romano cheese.

Lebanon's Fattoushe Salad

Romaine, Tomatoes, cucumbers, bell peppers, red onions, pita chips with Pomegranate Vinaigrette & Feta cheese.

Raspberry Spinach Salad:

Spinach, mushrooms, red onions, almonds with Raspberry Vinaigrette & feta cheese.

Add Chicken ④

Little Aviators

Grilled Cheese ④

Ham & Cheese ⑤

Chicken Quesadillas ⑥

SMOKED ATLANTIC CANADIAN SALMON

available at Connections Bistro



- Already packed for travel
- Great for gifts and souvenirs
- From the Bay of Fundy!

DON'T BOARD WITHOUT ONE!



Espresso Yourself

Enjoy traditional Italian Espresso made the way it was intended

No instant powders, instant espresso, or freeze dried ingredients. Only the freshest roasted beans mixed with fresh, wholesome milk.

